



# Trauma-Informed Approach

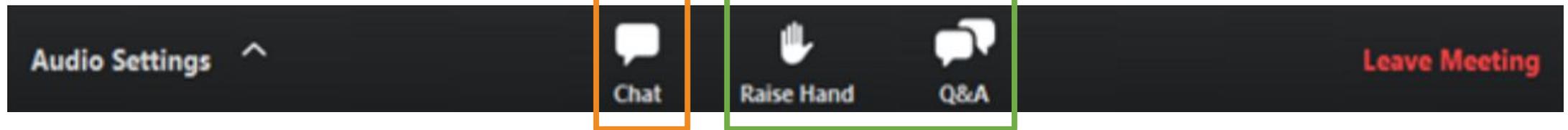
A core component of the Program Quality Roadmap

November 9, 2021



# Webinar Logistics

- **Share your name, pronouns, organization, and city in the chat.**
- Use the chat if you are experiencing any tech issues.
- Share thoughts and comments about the discussion!
- **Type questions** in the the Q&A during the webinar.
- **Raise your hand** during the Q&A sessions to ask your question out loud to the group.



# Panelists



**Ken Epstein, PhD, LCSW**

Founder, P.R.E.P. for Change Consulting



**Dontaè Roberts, LCSW**

Racial and Economic Equity Consultant

## Today's Moderators



**Abby Alexanian, MBA, MPP**

Project Director, Root Cause



**Alekhya Chaparala**

Manager, Root Cause

# Program Quality Roadmap



## FOUNDATIONAL CONDITIONS:

- Organizational Mission & Vision are driven by an authentic understanding of community needs and strengths.
- Organizational Commitment to Racial & Economic Equity.
- Alignment between Organizational Mission & Vision and Program Outcomes.
- Organizational & Leadership Supports supply tangible and intangible resources.

# Racial & Economic Equity

## In the context of social services:

**Racial equity** is the condition achieved when a person's racial identity does not predict, in a statistical sense, their ability to access and benefit from quality services or the outcomes of these services.

**Economic equity** is the condition achieved when a person's income and/or wealth does not predict their ability to access and benefit from quality services\* or the outcomes of these services.

*\*Quality services include free, sliding scale, and fee-based services*

# What is Trauma?

The Substance Abuse and Mental Health Services Administration (SAMHSA) defines trauma as:

*“An event, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or threatening and that has lasting adverse effects on the individual’s functioning and physical, social, emotional, or spiritual well-being.”*

# Trauma-Informed Approach

## What is a Trauma-Informed Approach?

A trauma-informed approach to social service delivery ensures that service providers are educated about trauma, understand how it can impact service participants' present-day behavior, needs, and service participation across settings services, and populations, and adjust their work with service participants accordingly.

## A strong Trauma-Informed Approach is built with:

- Organizational commitment from leadership and staff
- Trauma-informed evidence and values
- Resources prioritized for implementation and sustainability

The background of the image consists of a solid green color overlaid with a pattern of thin, white, concentric circles. These circles are centered in the upper right quadrant and radiate outwards, creating a ripple effect across the entire frame. The text 'Panel Discussion' is centered horizontally and vertically in the lower half of the image.

***Panel Discussion***

# Thank you!

1. An email will be sent to registrants in the upcoming week with links to the **recording**, **slides**, and the **Trauma-Informed Approach Research Brief**
2. Go to <https://rootcause.org/program-quality-learning-series/> to register for upcoming sessions:
  - Wednesday, November 10, 11am-12pm: **Program Accessibility**
  - Tuesday, November 16, 10am-11am: **Family and Community Engagement**
  - Tuesday, November 17, 9:30am-1030am: **Data and Measurement Capacity**
  - Wednesday, November 17, 11am-12pm: **Staff Support & Performance**
3. Connect with **Root Cause** at [rootcause.org/contact-us](https://rootcause.org/contact-us)
4. Connect with our Moderators:
  - **Abby Alexanian** ([aalexanian@rootcause.org](mailto:aalexanian@rootcause.org))
  - **Alekhya Chaparala** ([achaparala@rootcause.org](mailto:achaparala@rootcause.org))